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The Magic of Sugar Cane (Paperback)

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Introduction Cultivating Sugarcane Making Molasses Sugarcane for Health Kidney Stone Treatment Jaundice The Healthy Use of Jaggery Sciatica Cure Curing Bronchitis Curing Headaches Molasses as a Diuretic Constipation Cure Dyspepsia Cure Jaggery as a Rejuvenating Food Molasses in Traditional Cuisine Molasses Rice pudding Traditional Whole Wheat Bread Grandma s Molasses Candy Conclusion Peanut Brittle Author Bio Publisher Introduction Just imagine that you were living in Greece, Persia, or anywhere else in Southeast Asia, 3000 years ago and walking in a market garden. You would find plenty of gardeners selling you a wonderful stick which has juice sweeter than honey. The sweetmeats that you ate would have been flavored with molasses or brown sugar, extracted from the juice from this stick. It is supposed to have been domesticated in 6000 BC somewhere in New Guinea.



Reviews

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